

Your Rights & Resources

You have the right to request your mental health records.

MUST BE IN WRITING VIA:

EMAIL | SECURE PORTAL | MAIL

15 DAY RESPONSE TIME

QUESTIONS / COMPLAINTS

**TEXAS BEHAVIORAL HEALTH
EXECUTIVE COUNCIL (BHEC)**

Enforcement@bhec.texas.gov



**TEXAS OFFICE OF THE
ATTORNEY GENERAL**

[texasattorneygeneral.gov/
consumer-protection](https://texasattorneygeneral.gov/consumer-protection)



*This information is posted
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